

On Play

Play regularly. In play, you realize simultaneously the supreme importance and utter insignificance of what you are doing. And accept the paradox. Play then is the answer to the puzzle of our existence.”

Dr. George Sheehan

“Life must be lived as play.”

Plato

Play is when we don't know that we're different from each other”

8 year old

Sports are at the heart of the matter. Play by heart.

Michael Novak

Play is the essence of freedom. So play freely.

Michael Novak

In sports we meet our humanity. In play we meet ourselves.

Michael Novak

To propose authentic play in our culture is a bold adventure that rips the very fabric of society.

Fred Donaldson

Life is at root playing.

Alan Watts

All of this spectacle, including me, is the play of DNA.

D. Chopra

Whatever its form, competition is always play.

Johan Huizinga

Defy gravity and you break your neck; ignore play and you break your heart.

Fred Doanldson

The unspoken things that are essential . . .
can only be passed directly from one person to another
as they work or play together

Kubota Yasuichi

The play spirit creates bonds beyond the intellectual opening wide doors to
the sexual
Alan Tower

It is a happy talent to know how to play
Ralph Waldo Emerson

You can think about a problem all day but as soon as you get in the game,
the hell with it!
Annon.